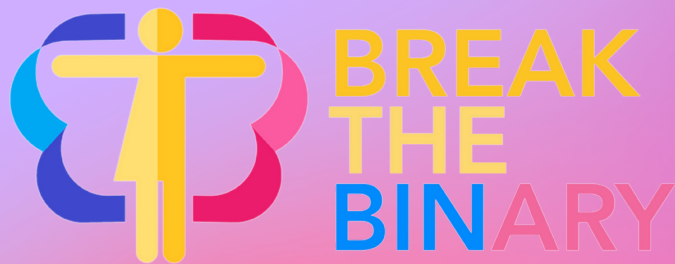


# OVERVIEW OF SERVICES

2 0 2 3 F I S C A L Y E A R



# ABOUT ADDISON ROSE

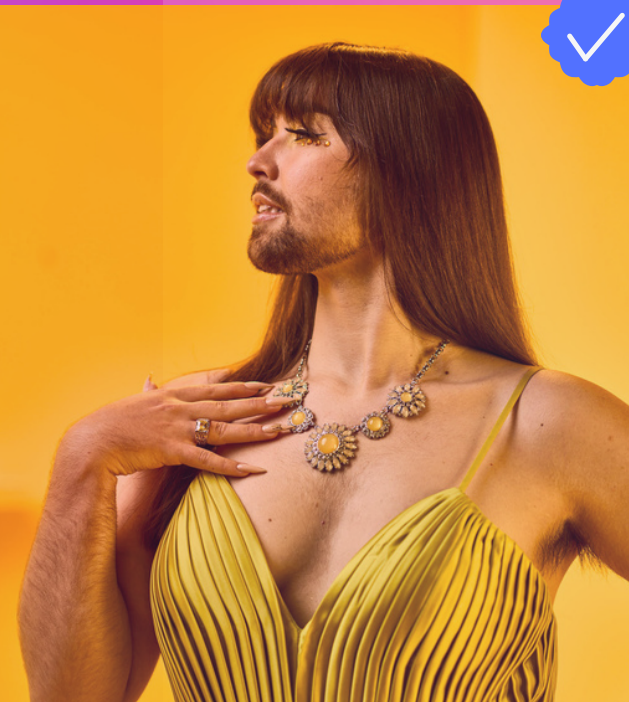


Addison Rose Vincent (they/them) is a 30-year-old LGBTQ+ consultant living in Los Angeles, CA.

Born in Canada and raised in Michigan, Addison Rose moved to California to come out and live more openly as a queer, trans, and nonbinary person.

Since graduating from Chapman University in 2015, Addison has served various organizations advocating for the LGBTQ+ community, including the Victory Fund, Los Angeles LGBT Center, Strength United, TransLatin@ Coalition, APAIT, and Nonbinary & Intersex Recognition Project.

Addison Rose currently serves as the Founder & CEO of their LGBTQ+ consulting firm Break The Binary, with over 250 clients served since 2016. They also serve as a Board Member for LA Pride, and as a nonbinary influencer on Instagram and TikTok.



# WORKSHOPS



## LGBTQ+ 101

(4 Hrs Suggested)

Identities, terminology, issues, and best practices for serving the LGBTQ+ community



## Transgender & Nonbinary 101

(2 Hrs Suggested)

Identities, terminology, issues, pronouns, and best practices for serving trans and nonbinary communities



## Interrupting Implicit Bias

(3 Hrs Suggested)

Best practices for addressing implicit bias, oppression, and microaggressions with intersectionality



## Let's Talk Imposter Syndrome

(2 Hrs Suggested)

Best practices for identifying and addressing imposter syndrome in oneself and others with trauma-informed care



## Self-Care & Community Care

(3 Hrs Suggested)

Burnout, Stress Cycles, forms of trauma, and tools for mindfulness, grounding, and boundary setting

Custom workshops can be created for your team and listed workshops can be tailored based on your team's interests, needs and availability.



# CONSULTATION SERVICES

Break The Binary's consultation services are designed to support clients beyond workshop opportunities. These services include but are not limited to the following:

100-Point  
Equity  
Evaluation

Strategic  
Plans for  
Inclusion

Manage  
LGBTQ+  
Projects

Pre & Post  
Workshop  
Surveys

Gender  
Inclusive  
Restrooms

Intake  
Form  
Updates

One-Page  
Workshop  
Handouts

Employee  
Focus  
Groups

Activist  
Panel  
Events



# SCHEDULING

Not sure when to plan a workshop or event for? Here is a list of LGBTQ+ awareness days to consider scheduling workshops or other programming for:

March 31	Transgender Day of Visibility
April 21	Day of Silence
May (all month)	Mental Health Awareness Month
May 17	Day Against Homophobia
May 22	Harvey Milk Day
June (all month)	LGBTQ+ Pride Month
June (all month)	PTSD Awareness Month
June 28	Stonewall Riots Anniversary
July 14	Nonbinary Peoples Day
October (all month)	LGBTQ+ History Month
October 20	International Pronouns Day
November 13-19	Transgender Awareness Week
November 20	Trans Day of Remembrance

# PRICING

Below is an overview of rates for various services. Note that all services are offered virtually or in-person. Any requested in-person services will also include travel expenses.

Service		Rate
Workshop Facilitation (1-49 Participants)	-----	\$2,000/hr
Workshop Facilitation (50-99 Participants)	-----	\$2,250/hr
Workshop Facilitation (100+ Participants)	-----	\$2,500/hr
Recording Option (Per Workshop)	-----	\$5,000
Workshop Slide Deck	-----	\$3,000
Post-Workshop One-Page Takeaway	-----	\$2,000
Consultation Hours & Meetings	-----	\$350/hr

**THANK YOU**

ADDISON@BREAKTHEBINARYLLC.COM